

 **First-Aid / Cardio-Pulmonary Resuscitation (CPR) / Automated External Defibrillation (AED)**

**CANADIAN RED CROSS: First-Aid Instructor course**

**Full Course: \$675.00 / person + GST**

**Group Training Available!**

- \* **Minimum 6-person charge**
- \* **Large groups welcome**
- \* **Train at our facility or yours – Same price!**

**First-Aid Instructor (FAI) training course takes approx. 32 hours to complete**  
(e.g. 8:30 am - 4:30 pm x 4 days) - (Expires after 3 years)

**Pre-requisite course: STANDARD FIRST-AID w/ CPR Level C & AED**

\*(Course has to have been taken within the last year.)

**Upon completion of all requisite components, you will be able to teach:**

- CPR Level A (Adult) & AED
- CPR Level C (Adult, Child - 1 & 2 rescuers, Infant) & AED
- CPR Level HCP (Adult, Child, infant - 1 & 2 rescuers) & AED & Bag Valve Mask (BVM)
- EMERGENCY FIRST-AID w/ CPR Level A (Adult) & AED
- EMERGENCY FIRST-AID w/ CPR Level C (Adult, Child - 1 & 2 rescuers, Infant) & AED
- STANDARD FIRST-AID w/ CPR Level A (Adult) & AED
- STANDARD FIRST-AID w/ CPR Level C (Adult, Child - 1 & 2 rescuers, infant) & AED
- EMERGENCY CHILD CARE FIRST-AID w/ CPR Level B (Adult, Child, Infant) & AED
- STANDARD CHILD CARE FIRST-AID w/ CPR Level B (Adult, Child, Infant) & AED
- \*PEOPLE SAVERS & BABY SITTING
- \*BASIC MARINE FIRST-AID *\*(Please contact us for more information).*

- Please be advised, this pricing includes all required manuals and training material. It also includes access to our in-house training courses after initial training. This will allow you to sit in and learn as well as progress at your own pace, which will allow you to gain confidence in your ability to teach once you are ready to complete your co-teach.

- **To complete your Instructor Status - Co-teach:** Once you feel comfortable enough to finalize your instructor status, please contact us to set-up your co-teach. Included in your fee is one Standard First-Aid w/ CPR & AED with one of our instructors. Please be advised that this does not guarantee certification. Please contact us for clarification.

## **Looking For Value Added Training For Your Training Dollar? We Do That!**

" The bitterness of poor quality lingers long after the sweetness of low cost is forgotten"

- L. Porteous Fenster -

**CANADIAN FIRST-AID TRAINING Ltd.** provides the following list of value added components to all our in-house and out-course First-Aid, CPR and Automated External Defibrillation (AED) training. Some of them include:

- Professional, fun and knowledgeable staff certified as Authorized Providers with the **CANADIAN RED CROSS**.
- We teach at your location and at your convenience
- Show up early for course set up.
- Provide course specific manuals for students to keep. We only use accredited material developed by the **CANADIAN RED CROSS**, which is recognized in over 180 countries around the world!
- **CANADIAN FIRST-AID TRAINING Ltd.** teaches to the new 2010 ILCOR (International Liaison Committee On Resuscitation) guidelines for which the **CANADIAN RED CROSS** is a participating member.
- Relaxed atmosphere when teaching.

### **At CANADIAN FIRST-AID TRAINING Ltd., we:**

#### **1) Adhere to best practice recommendations for all training. This includes:**

- 1 manikin/person ratio for all CPR (No sharing with other people!!!)
- Floor mats for CPR training (no more sore knees!!)
- Flat screen TV w/ DVD capability\* (No Extra Charge!) – Out courses
- Whiteboard\* (No Extra Charge!) – Out courses

#### **2) Only use top of the line equipment. This includes:**

**Demonstrate, fully explain & use:**

- **Automated External Defibrillator (AED) trainer units:**  
**Philips Health Care Canada - Authorized Distributor**
- *Gauze roller and triangular bandages, gauze non-stick pads, splints, etc. for all first-aid practical exercises (course specific)*
- **Epipen® & Twinject®** trainer units for practical exercises (i.e. severe allergies – anaphylaxis) *(All first Aid courses)*
- **Manitoba Regulations First Aid kits.** *(All first Aid courses)*
- Proper usage of Asthma puffers and Aero-Chambers® - i.e. (Spacers), etc.
- Proper bandaging techniques are shown in every First-Aid Course we offer - (i.e.: Emergency First-Aid, Child Care First-Aid (1-day courses), Standard First-Aid (2-day course), etc.

#### **3) Also do the following at no extra charge:**

- We customize the course to the knowledge of the group (i.e. take prior history into account).
- Comprehensive review throughout the day
- Full Explanation of **Manitoba Good Samaritan Protection Act** (Enacted – Dec. 7<sup>th</sup>, 2006).
- Full Explanation of **Manitoba - The Defibrillator Public Access Act**

### **After training has been completed, we will:**

- Stay afterwards to answer all questions, concerns and comments resulting from the training and leave each participant with contact information for any concerns, which may result from training.
- Students receive 1 wallet certificate and 1 wall certificate\* (8.5x 11) - (\*First-Aid courses only)
- Company/organization will receive copies of all certificates in a separate folder and all participants will be entered into our course management system. Notification of expired certificates to company / organization after 3 year period or upon request

**To register for a course or set up training at your facility, please contact us at:**

**Office #:** (204) **233-CFAT** (2328)

**Email:** First-Aid@cfat-fesc.ca

**For more information, visit our website at:** **WWW.cfat-fesc.ca**